Maine Coast Men Weekend Retreat

Friday to Sunday, October 17 to 19, 2025 at Tanglewood 4H Camp, Lincolnville, Maine



Moving On

Life has a way of shifting beneath our feet — through loss, change, failure, growth, and even success. At some point, every man faces the challenge of letting go of what was, in order to step into what's next. "Moving On" is about honoring our past without being trapped by it. It's about acknowledging what we've carried — regrets, wounds, dreams unfulfilled — and choosing to release what no longer serves us.

This weekend, we gather as brothers to reflect, share, and support one another in that journey forward. Whether you're navigating a transition, recovering from a setback, or simply seeking a new direction, this is a space to reconnect with your strength, your purpose, and your spirit. Together, we'll explore what it means to move on — not just physically or circumstantially, but spiritually and emotionally — with courage and intention.

Join a community of men for a weekend retreat of sharing and support. Expect to hear from others and share your perspectives on what matters most to you: Relationships, Aging, Death, Sex, Work, Sobriety, Mental health and Spirituality. We welcome all self-identified men with goodwill who will abide our community agreements to be part of Maine Coast Men.

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| Register for Fall |
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| 2025 Weekend Retreat |
| MaineCoastMen.net |
| October 17-19, 2025 |